

Position Title:	Family Support and Individual Mental Health Clinician	FLSA:	Exempt
Original Date:	8/12/2024	Reports to:	Clinical Director
Contact:	info@centrosanar.org	Revised Date:	8/12/2024

Position Description: Centro Sanar’s mission is to accompany community members in their journey to heal and thrive by providing accessible mental health services. Centro Sanar provides and collocates with multiple organizations on Chicago’s southwest side in the Brighton Park, Gage Park and Back of the Yards neighborhoods. Centro Sanar takes a strengths-based, trauma informed, multi-systemic approach and views violence and trauma in Chicago as a systemic issue that disproportionately affects communities of color. We offer individual and group therapy, family support services as well as clinical case management services to uninsured and under-insured adults. Learn more about us at: www.Centrosanar.org .

The role of the Family Support and Individual (FSI) Mental Health Clinician is to provide trauma-informed clinical counseling and family support services for families and individuals that speak Spanish and English. The clinician will work with community members who are in need of emotional wellness services and might be experiencing symptoms of depression, anxiety, post-traumatic stress, and other mental health difficulties. Community members are often experiencing these symptoms due to unaddressed complex trauma histories and/or due to living within oppressive systems that have failed to meet their basic needs. The FSI mental health clinician will be part of the larger Centro Sanar team composed of: an intake specialist, a full-time clinical case manager, six individual therapists, 2 other FSI mental health clinicians, LCSW clinical supervisors, clinical program managers and a clinical director. Centro Sanar’s mental health services are being designed to serve individuals and families specifically on Chicago's southwest side in the Brighton Park, Gage Park, Back of the Yards, Chicago Lawn and West Lawn neighborhoods.

The applicant must have a desire to and experience offering clinical support to adults and youth in the Latinx community and be bilingual and bicultural in Spanish and English. Clinicians responsibilities will include but not be limited to: conducting intake calls, in-depth individual and family assessments, individual family support sessions with parents and youth, individual therapy with adults, adult parenting workshops, and multi - family groups. Additionally, the mental health clinician will also be expected to conduct clinical case management with their caseload when necessary and provide mental health related presentations and workshops in various community settings. Full-time Centro Sanar employees are expected to work three days in the office and two days from home. Because the clinician will be working with adult and family schedules, we ask applicants with the following availability consider applying. The clinician who apply’s is requested to work the following schedule:

Disclaimer: The statements below are intended to describe the general nature and level of work being performed by employees assigned to this classification. They are not intended to be an exhaustive list of all responsibilities, duties, and skills required of employees so classified. The omission of specific statements of duties does not exclude them from the position if the work is similar, related, or a logical assignment to the position. Performs other related duties as assigned or requested

- Two in-person evenings shifts from 12 pm to 8 pm and a Weekend (Saturday) in-person day from 9am-5pm.

Essential Functions (list in order of importance including measures)

1. Provides direct individual, family and group therapy services to a caseload of up to 20 weekly clients. Clinical services will include but not be limited to phone intake, in-person psychosocial assessments, and weekly family support sessions and parent workshops. **50%**
2. Provides off-site educational workshops and services and direct in-home community outreach **10%**
3. Actively contributes to and participates in clinical supervision, staff meetings, in-services, and community mental health coalition meetings. **10%**
4. Documents all interactions and services provided in the client's case file and manages files according to regulatory requirements. **10%**
5. Participates in program planning and evaluation activities. Is also accountable for monitoring, documenting, and tracking program and client data and assuring compliance with grant-related or non-profit related documentation requests made by supervisor. **10%**
6. Attends training and workshops assigned to provide culturally inclusive and high quality services to the population served. **10%**
7. Performs other activities as needed and percentages will shift as the program evolves.

General Job Requirements (*List any required knowledge, skills, experiences or training, including length of time necessary for proficiency, required to perform the job.*)

- Licensed social worker (L.S.W) by the State of Illinois or equivalent experience preferred.
- Masters degree in Social Work, Psychology, Sociology or related field.
- A minimum of one-year experience providing clinical mental health services to the immigrant Latinx community.
- Bicultural and bilingual English/Spanish required.
- Ability to work well both independently and as a team member.
- Ability to work weekends and evenings.
- Ability to work in various community based settings
- Ability to maintain a hybrid work schedule (Centro Sanar staff currently abide by a 2 days virtual, 3 days in-person schedule, however, this position will require responsiveness to program needs due to family schedules, and might require up to 4 days in person at times).

Machines, tools, equipment and work aids required: General office equipment

Benefits: 100% employer coverage of Medical (BCBS PPO), Dental (BCBS), and Vision (Sunlife). 401k plan available to employees with no employer contribution at this time.

Time-off: 20 days of PTO (includes time off and sick time), 4 Mental Health days (to be taken at your own discretion when needed), and all Federal Holidays observed. Summer and Winter company breaks observed

Supervision: 1.5 hours weekly Clinical Supervision, 1 hour administrative supervision every other week, and 1 hour of group supervision per month. Check in as needed. Supervision style: reflective supervision.

Modalities/Professional Development Opportunities: Centro Sanar clinical supervisor are trained and able to support Centro Sanar clinicians in modalities such as: psychodynamic talk therapy, Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR). Group clinical supervisors are experienced in EMDR and Somatic Experiencing therapy. Centro Sanar provides ongoing training in various therapy modalities. Our training budget includes team wide training as well as training in individual areas of interest.

Salary Range: \$55,000 min to \$60,000 max

Other Equipment Includes: Use of laptops and Ipads

To apply:

- Email resume to info@centrosanar.org
- Subject Line: Family Support and Individual Mental Health Clinician application